Appendix A
Effective: 10/01/26-09/30/27

2026-2027 GA Overall Maximums

Metropolitan Areas

COUNTY	Persons in Household 1	2	3	4	5*
Bangor HMFA: Bangor, Brewer, Eddington, Glenburn, Hampden, Hermon, Holden, Kenduskeag, Milford, Old Town, Orono, Orrington, Penobscot Indian Island Reservation, Veazie	1,368	1,444	1,825	2,346	2,467
Cumberland County HMFA: Baldwin, Bridgton, Brunswick, Harpswell, Harrison, Naples, New Gloucester, Pownal, Sebago	1,390	1,537	2,016	2,618	3,342
Lewiston/Auburn MSA: Auburn, Durham, Greene, Leeds, Lewiston, Lisbon, Livermore, Livermore Falls, Mechanic Falls, Minot, Poland, Sabattus, Turner, Wales	1,254	1,340	1,745	2,255	2,536
Penobscot County HMFA: Alton, Argyle UT, Bradford, Bradley, Burlington, Carmel, Carroll plantation, Charleston, Chester, Clifton, Corinna, Corinth, Dexter, Dixmont, Drew plantation, East Central Penobscot UT, East Millinocket, Edinburg, Enfield, Etna, Exeter, Garland, Greenbush, Howland, Hudson, Kingman UT, Lagrange, Lakeville, Lee, Levant, Lincoln, Lowell town, Mattawamkeag, Maxfield, Medway, Millinocket, Mount Chase, Newburgh Newport, North Penobscot UT, Passadumkeag, Patten, Plymouth, Prentiss UT, Seboeis plantation, Springfield, Stacyville, Stetson, Twombly UT, Webster plantation, Whitney UT, Winn, Woodville	1,080	1,167	1,531	1,979	2,211
Portland HMFA: Cape Elizabeth, Casco, Chebeague Island, Cumberland, Falmouth, Freeport, Frye Island, Gorham, Gray, Long Island, North Yarmouth, Portland, Raymond, Scarborough, South Portland, Standish, Westbrook, Windham, Yarmouth; Buxton, Hollis, Limington, Old Orchard Beach	1,616	1,824	2,343	2,872	3,523
Sagadahoc HMFA: Arrowsic, Bath, Bowdoin, Bowdoinham, Georgetown, Perkins UT, Phippsburg, Richmond, Topsham, West Bath, Woolwich	1,216	1,390	1,735	2,412	2,910

COUNTY	1	2	3	4	5*
York County HMFA: Acton, Alfred, Arundel, Biddeford, Cornish, Dayton, Kennebunk, Kennebunkport, Lebanon, Limerick, Lyman, Newfield, North Berwick, Ogunquit, Parsonsfield, Saco, Sanford, Shapleigh, Waterboro, Wells	1,409	1,553	1,888	2,528	2,817
York/Kittery/S.Berwick HMFA: Berwick, Eliot, Kittery, South Berwick, York	1,670	1,846	2,422	2,904	4,063

***Add $75 for each additional person.**

Non-Metropolitan Areas

Persons in Household

COUNTY	1	2	3	4	5*
Aroostook County	1,036	1,044	1,346	1,839	1,913
Franklin County	1,002	1,109	1,454	1,925	1,933
Hancock County	1,350	1,357	1,651	2,252	2,261
Kennebec County	1,190	1,199	1,558	2,001	2,374
Knox County	1,211	1,257	1,511	1,909	2,064
Lincoln County	1,344	1,408	1,543	2,130	2,278
Oxford County	982	1,088	1,425	1,981	2,389
Piscataquis County	1,076	1,189	1,561	1,871	2,067
Somerset County	1,117	1,191	1,393	1,858	1,993
Waldo County	1,272	1,279	1,582	2,052	2,346
Washington County	949	1,049	1,377	1,913	2,137

***Add $75 for each additional person.**

2026-2027 Food Maximums

Please Note: The maximum amounts allowed for food are established in accordance with the U.S.D.A. Thrifty Food Plan. As of October 1, 2026, those amounts are:

Number in Household	Weekly Maximum	Monthly Maximum
1	$ 71.16	$ 306.00
2	$ 130.70	$ 562.00
3	$ 187.91	$ 808.00
4	$ 237.91	$ 1,023.00
5	$ 283.02	$ 1,217.00
6	$ 340.23	$ 1,463.00
7	$ 375.81	$ 1,616.00
8	$ 428.14	$ 1,841.00

Note: For each additional person add $225 per month.

2026-2027 GA Housing Maximums
(Heated & Unheated Rents)

NOTE: NOT ALL MUNICIPALITIES SHOULD ADOPT THESE SUGGESTED HOUSING MAXIMUMS! ONLY **consider** adopting the following numbers if these figures are consistent with local rent values. If not, a market survey should be conducted, and the figures altered accordingly. The results of any such survey must be presented to DHHS prior to adoption. **Or**, no housing maximums should be adopted and eligibility should be analyzed in terms of the Overall Maximum—Appendix A. *(See Instruction Memo for further guidance.)*

Non-Metropolitan FMR Areas

Aroostook County	**Unheated**		**Heated**	
Bedrooms	**Weekly**	**Monthly**	**Weekly**	**Monthly**
0	199	855	234	1,006
1	199	855	235	1,011
2	246	1,059	304	1,306
3	347	1,492	417	1,793
4	349	1,500	433	1,861

Franklin County	**Unheated**		**Heated**	
Bedrooms	**Weekly**	**Monthly**	**Weekly**	**Monthly**
0	193	828	227	976
1	208	892	251	1,079
2	274	1,177	330	1,418
3	370	1,589	438	1,884
4	370	1,589	438	1,884

Hancock County	**Unheated**		**Heated**	
Bedrooms	**Weekly**	**Monthly**	**Weekly**	**Monthly**
0	278	1,196	308	1,323
1	278	1,196	309	1,327
2	327	1,406	376	1,615
3	455	1,958	514	2,211
4	455	1,958	514	2,211

Kennebec County	**Unheated**		**Heated**	
Bedrooms	**Weekly**	**Monthly**	**Weekly**	**Monthly**
0	241	1,037	271	1,164
1	241	1,307	272	1,170
2	306	1,315	354	1,524
3	397	1,709	456	1,961
4	470	2,021	541	2,325

Appendix C

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Non-Metropolitan FMR Areas

Knox County	Unheated		Heated	
Bedrooms	Weekly	Monthly	Weekly	Monthly
0	247	1,062	277	1,189
1	248	1,067	286	1,230
2	294	1,265	343	1,474
3	376	1,615	434	1,867
4	397	1,709	468	2,013

Lincoln County	Unheated		Heated	
Bedrooms	Weekly	Monthly	Weekly	Monthly
0	278	1,195	307	1,322
1	283	1,218	321	1,381
2	302	1,297	350	1,506
3	427	1,836	486	2,088
4	447	1,923	518	2,227

Oxford County	Unheated		Heated	
Bedrooms	Weekly	Monthly	Weekly	Monthly
0	193	829	222	956
1	208	896	246	1,059
2	275	1,182	323	1,391
3	393	1,689	451	1,941
4	474	2,036	544	2,340

Piscataquis County	Unheated		Heated	
Bedrooms	Weekly	Monthly	Weekly	Monthly
0	208	896	244	1,051
1	229	983	270	1,159
2	301	1,293	354	1,521
3	359	1,544	423	1,820
4	388	1,668	466	2,002

Somerset County	Unheated		Heated	
Bedrooms	Weekly	Monthly	Weekly	Monthly
0	219	943	254	1,091
1	227	974	270	1,161
2	260	1,116	315	1,357
3	354	1,522	422	1,815
4	370	1,589	452	1,944

Non-Metropolitan FMR Areas

Waldo County	Unheated		Heated	
Bedrooms	Weekly	Monthly	Weekly	Monthly
0	260	1,119	290	1,246
1	260	1,119	291	1,250
2	311	1,339	360	1,548
3	409	1,760	468	2,012
4	464	1,993	534	2,297

Washington County	Unheated		Heated	
Bedrooms	Weekly	Monthly	Weekly	Monthly
0	185	795	214	922
1	199	856	237	1,019
2	263	1,132	312	1,341
3	377	1,619	435	1,872
4	414	1,782	485	2,086

Metropolitan FMR Areas

Bangor HMFA	Unheated		Heated	
Bedrooms	Weekly	Monthly	Weekly	Monthly
0	283	1,219	313	1,346
1	292	1,255	330	1,417
2	368	1,583	417	1,792
3	478	2,054	536	2,306
4	491	2,113	562	2,417

Cumberland Cty. HMFA	Unheated		Heated	
Bedrooms	Weekly	Monthly	Weekly	Monthly
0	289	1,241	318	1,368
1	313	1,347	351	1,510
2	412	1,770	460	1,979
3	540	2,324	599	2,576
4	695	2,987	765	3,291

Lewiston/Auburn MSA	Unheated		Heated	
Bedrooms	Weekly	Monthly	Weekly	Monthly
0	256	1,101	286	1,228
1	267	1,148	305	1,311
2	349	1,502	398	1,711
3	456	1,963	515	2,215
4	508	2,183	578	2,487

Metropolitan FMR Areas

Penobscot Cty. HMFA	**Unheated**		**Heated**	
Bedrooms	**Weekly**	**Monthly**	**Weekly**	**Monthly**
0	216	931	246	1,058
1	227	978	265	1,140
2	300	1,289	348	1,498
3	392	1,687	451	1,939
4	432	1,857	503	2,161

Portland HMFA	**Unheated**		**Heated**	
Bedrooms	**Weekly**	**Monthly**	**Weekly**	**Monthly**
0	341	1,467	371	1,594
1	380	1,634	418	1,797
2	488	2,097	536	2,306
3	599	2,578	658	2,830
4	737	3,168	807	3,472

Sagadahoc Cty. HMFA	**Unheated**		**Heated**	
Bedrooms	**Weekly**	**Monthly**	**Weekly**	**Monthly**
0	248	1,067	278	1,194
1	279	1,200	317	1,363
2	346	1,489	395	1,698
3	492	2,118	551	2,370
4	594	2,555	665	2,859

York Cty. HMFA	**Unheated**		**Heated**	
Bedrooms	**Weekly**	**Monthly**	**Weekly**	**Monthly**
0	293	1,260	323	1,387
1	317	1,363	355	1,526
2	382	1,642	430	1,851
3	519	2,234	578	2,486
4	573	2,462	643	2,766

York/Kittery/S. Berwick HMFA	**Unheated**		**Heated**	
Bedrooms	**Weekly**	**Monthly**	**Weekly**	**Monthly**
0	354	1,521	383	1,648
1	385	1,656	423	1,819
2	506	2,176	555	2,385
3	607	2,610	666	2,862
4	862	3,780	933	4,012

2026-2027 Electric Utility Maximums

ELECTRIC

NOTE: For an electrically heated dwelling also see "Heating Fuel" maximums below. But remember, an applicant is ***not automatically*** entitled to the "maximums" established—applicants must demonstrate need.

1) Electricity Maximums for Households *Without Electric Hot Water*: The maximum amounts allowed for utilities, for lights, cooking and other electric uses ***excluding*** electric hot water and heat:

Number in Household	Weekly	Monthly
1	$19.95	$ 85.50
2	$22.52	$ 96.50
3	$24.97	$107.00
4	$27.53	$118.00
5	$29.88	$128.50
6	$32.55	$139.50
NOTE: For each additional person add $10.50 per month.		

2) Electricity Maximums for Households *With Electrically Heated Hot Water*: The maximum amounts allowed for utilities, hot water, for lights, cooking and other electric uses ***excluding*** heat:

Number in Household	Weekly	Monthly
1	$29.63	$127.00
2	$34.07	$146.00
3	$39.67	$170.00
4	$46.32	$198.50
5	$55.65	$238.50
6	$58.68	$251.50
NOTE: For each additional person add $14.50 per month.		

NOTE: For electrically heated households, the maximum amount allowed for electrical utilities per month shall be the sum of the appropriate maximum amount under this subsection and the appropriate maximum for heating fuel as provided below.

2026-2027 Heating Fuel Maximums

Month	Gallons	Month	Gallons
September	50	January	225
October	100	February	225
November	200	March	125
December	200	April	125
		May	50

NOTE: When the dwelling unit is heated electrically, the maximum amount allowed for heating purposes will be calculated by multiplying the number of gallons of fuel allowed for that month by the current price per gallon. When fuels such as wood, coal and/or natural gas are used for heating purposes, they will be budgeted at actual rates, if they are reasonable. No eligible applicant shall be considered to need more than 7 tons of coal per year, 8 cords of wood per year, 126,000 cubic feet of natural gas per year, or 1000 gallons of propane.

2026-2027 Personal Care & Household Supplies Maximums

Number in Household	Weekly Amount	Monthly Amount
1-2	$10.50	$45.00
3-4	$11.60	$50.00
5-6	$12.80	$55.00
7-8	$14.00	$60.00
NOTE: For each additional person add $1.25 per week or $5.00 per month.		

SUPPLEMENT FOR HOUSEHOLDS WITH CHILDREN UNDER 5

When an applicant can verify expenditures for the following items, a special supplement will be budgeted as necessary for households with children under 5 years of age for items such as cloth or disposable diapers, laundry powder, oil, shampoo, and ointment up to the following amounts:

Number of Children	Weekly Amount	Monthly Amount
1	$12.80	$55.00
2	$17.40	$75.00
3	$23.30	$100.00
4	$27.90	$120.00

Appendix G
Effective: 10/01/26-09/30/27

2026-2027 Mileage Rate

This municipality adopts the State of Maine travel expense reimbursement rate as set by the Office of the State Controller. The current rate for approved employment and necessary medical travel, etc. is 56 cents (56 ¢) per mile.

Please refer to the Office of State Controller for changes to this rate: Telephone: 626-8420 or visit: http://www.state.me.us/osc/.

Appendix H
Effective: 10/01/26-9/30/27

Funeral Maximums / Burial Maximums and Cremation Maximums

The maximum amount of general assistance granted for the purpose of burial is **$1,620**.

The municipality's obligation to provide funds for burial purposes is limited to a reasonable calculation of the funeral director's direct costs, not to exceed the maximum amounts of assistance described in this section. Allowable burial expenses are limited to:

- removal of the body from a local residence or institution
- a secured death certificate or obituary
- embalming
- a minimum casket
- a reasonable cost for necessary transportation
- other reasonable and necessary specified direct costs, as itemized by the funeral director and approved by the municipal Administrator.

Additional costs may be allowed by the GA Administrator, where there is an actual cost, for:

- the wholesale cost of a cement liner if the cemetery by-laws require one;
- the opening and closing of the grave site; and
- a lot in the least expensive section of the cemetery. If the municipality is able to provide a cemetery lot in a municipally owned cemetery or in a cemetery under municipal control, the cost of the cemetery lot in any other cemetery will not be paid by the municipality.

Cremation Maximums

The maximum amount of assistance granted for a cremation shall be **$1,125**.

The municipality's obligation to provide funds for cremation purposes is limited to a reasonable calculation of the funeral director's direct costs, not to exceed the maximum amounts of assistance described in this section. Allowable cremation expenses are limited to:

- removal and transportation of the body from a local residence or institution
- professional fees
- crematorium fees
- a secured death certificate or obituary
- other reasonable and necessary specified direct costs, as itemized by the funeral director and approved by the municipal administrator.

Additional costs may be allowed by the GA Administrator where there is an actual cost, for:

- a cremation lot in the least expensive section of the cemetery
- a reasonable cost for a burial urn not to exceed $55
- transportation costs borne by the funeral director at a reasonable rate per mile for transporting the remains to and from the cremation facility.